“What’s Happening at the Scene?”

*Message from Your Program Coordinator*

“What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.”

– *Nelson Mandela*

My office hours are:
Tuesday 8:00am—4:00pm
Wednesday 8:00am—4:00pm
Thursday 8:00am—4:00pm
Friday 8:00am—4:00pm

Phone: (204)756-6468  
Email: ssinc1@mts.net

Tammi, Program Coordinator
# Announcements

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tr>
<td>Tuesday, June 5th</td>
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<td>Monday, June 18 &amp; 25</td>
<td>“Men in the Kitchen” - Beginner’s Cooking Classes</td>
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<td>Wednesday, June 20th</td>
<td>“Red River Exhibition” Day Trip</td>
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<td>Sunday, June 24th</td>
<td>EBRC “Fashion Show”</td>
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<td>Wednesday, June 27th</td>
<td>“Zebra Mussels” Presentation</td>
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<td>Sunday, July 1st</td>
<td>Canada Day</td>
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<td>Tuesday, July 3rd</td>
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<td>Thursday, July 5th</td>
<td>“Olde Cramb Farm &amp; McLeod Tea House”</td>
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<td>Saturday, July 7th</td>
<td>RMVB Advance Polls</td>
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<td>Wednesday, July 11th</td>
<td>“Love Your IPAD” Workshop</td>
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<td>Thursday, July 12th</td>
<td>All Candidates Forum - RMVB Elections</td>
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<td>Tuesday, July 17th</td>
<td>RMVB Public Council Meeting</td>
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<td>Wednesday, July 18th</td>
<td>Rainbow Stage Production “Breaking Up is Hard to Do”</td>
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<td>Saturday, July 21st</td>
<td>Sun Country Arts-n-Crafts Sale</td>
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<td>Friday, July 27th</td>
<td>RMVB Municipal Elections</td>
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* Lobster-fest Cancelled *

Message from the Fundraising Committee:

We regret to inform you that this year’s “Lobster-fest” has been cancelled. Unfortunately, due to lack of interest and greatly reduced ticket sales it is necessary to unfortunately cancel this event. Next year, we will re-examine our options to proceed with the Lobster-fest fundraising event or move on to a similar or alternative fundraiser in its place.

In past years, Lobster-fest has been a great fundraiser for our Club and perhaps a fundraiser that we can look at doing again in the future.

“Don’t cry because it’s over, smile because it happened.”

Mahatma Gandhi
Zebra Mussels:

Zebra mussels are D-shaped, fingernail-sized mollusks with light and dark brown stripes. Unlike other mollusks, they have hair-like filaments called byssal threads which they use to attach themselves to hard surfaces such as boats, docks, water-intake pipes and even the shells of other mussels.

Zebra mussels are an aquatic invasive species (AIS) – meaning they are not native to our lake’s ecosystem – and they are able to multiple very rapidly. One mussel can produce up to one million eggs during a single spawning season.

Learn more about Zebra Mussels and their impact to our community.
Province of Manitoba, Fisheries Science and Fish Culture, Aquatic Invasive Species Specialist
Candace Parks will be here to present

Where: Senior Scene Club - Main Hall
When: Wednesday, June 27th @ 2:00pm

Candace Parks - As part of the Aquatic Invasive Species unit, I am responsible for three main aspects including communications, management and control and partnership programs. One of my most valuable contributions is to engage and inform various levels of government, user-groups, industry and various stakeholders that collective action is required to prevent the introduction and spread of aquatic invasive species, such as zebra mussels, in Manitoba’s waters.

I have a B.Sc. focusing on freshwater, aquatic ecology and fisheries and a M.Sc. specializing on the impacts of invasive common carp on a large freshwater, coastal wetland in Manitoba.
Cooking Classes
(Class size is limited to a maximum of 6 men per session)

There are still a few spaces available for the Monday, June 18th and Monday, June 25th classes. Please contact Tammi in the office to register and reserve your spot!!

Senior Scene presents “Men in the Kitchen”
Beginner’s cooking classes with Chef John of Benjamin’s Bistro
- 2 workshops per session
  1st session - May 3rd + May 10th
  2nd session - June 18th + June 25th
  1:00pm to 3:00pm

Come join us!

Call Tammi at 204-756-6468 to register
Red River Exhibition

SEE IT ALL
at
SENIORS’ DAY
at the 2018 RED RIVER EX

Wednesday, June 20, 2018 is Seniors’ Day at the Red River Ex!

See and experience all kinds of fun, entertainment and activities at this year’s Red River Ex. The Park is open on Seniors’ Day from 3 – 11 pm.

The Park is clean, easy to maneuver and bustling with music, entertainment and fun galore! You are welcome to bring a water bottle and/or a picnic lunch with you.

Here is just a sample of what you can expect:

- June 20 only: Senior’s enjoy a FREE ride on the Giant Wheel and Merry-Go-Round!
- Senior Idol Talent Competition runs from 4 – 6 p.m.
- Enjoy live entertainment on our Community Stage all day long.
- Take in the Canine Stars dog agility show.
- Drop by Discovery Place to see lots of animals up-close!
- Touch the Farm showcases Manitoba’s agriculture industry.
- Make a stop at the Pet Centre and learn more about your favourite dog breed.
- Exhibition Place offers lots of things to see including: CREATE: Juried Art show, Red River Ex Photo Salon, Quilt competitions & our community hobby area.
- While you’re in Exhibition Place, enjoy the selection of wares and services offered by many community vendors.
- See a giant sand castle being carved right before your eyes!
- Everywhere you look you’ll find a tasty treat to enjoy! How about a bag of hot, fresh mini donuts?!
- Nick Gilder & Sweeney Todd perform FREE on the Main Stage at 8 p.m.

Important to note: Red River Exhibition Park offers convenient, indoor washroom facilities, wheelchair and scooter rentals, ATMs located at Exhibition Place, accessible pathways and buildings and complete medical services should the need arise.

Cost: $25.00 for Members or $30.00 for Non-members

Includes roundtrip transportation, admission to the Red River Ex grounds, a brief layover at McPhillips Street Station Casino.

Please see sign-up sheet posted on bulletin board - deadline date: Wednesday, June 13th
Our next day trip adventure takes us to Stonewall, MB

Thursday, July 5th

Join us for an exciting day of adventure as we head off to the “Olde Cramb Farm” for strawberry picking.

Check out the petting zoo, enjoy fresh-cut flowers and U-pick or pre-picked strawberries!!

After our morning at the farm, we’ll head off to Stonewall to experience the warmth and charm of McLeod House Tea Room.

Enjoy homemade lunches and dessert in the charm of their historic 100 year old house.

A wide selection of delicious treats are available or be sure to check out the “feature of the day.”

From here we are a short 15 minute ride to the McPhillips Street Station Casino for a quick layover, to try our luck before heading home.

• For this day trip we may or may not be enlisting the services of a chartered bus, depending on the number of people who sign up. For more information, please see Tammi

A sign-up sheet has been posted.
Love Your iPad Workshop - July 11th

Love your iPad? Love it even more!

Let’s share some tips and tricks to get our iPads working well for us. This informal session with a maximum of 8 participants will provide an opportunity for iPad users to discover ways that the iPad can do more for us.

Practice using the iPad operating system, understanding applications, notifications, Siri, sharing, search and Safari.

Join Mary M. Wednesday, July 11th 10:30am to Noon.
Please see the sign-up sheet posted on the bulletin board.
Folklorama VIP Tours 2018

This year’s Folklorama VIP Tours are quickly filling up.
Week #1 is already sold out!!
Don’t miss out!
Register for week #2 VIP Tour
Friday, August 17th

Week #2 - Friday, August 17th - 63% SOLD!
Budapest—Hungaria Pavilion
Korean Pavilion
First Nations Pavilion

Tickets: $75.00 for Members
$85.00 for Non-Members

1st Pavilion includes an appetizer, cultural alcoholic beverage and a guided cultural tour.
2nd Pavilion includes a meal and domestic alcoholic beverage.
3rd Pavilion includes dessert and a non-alcoholic beverage.

Ticket price includes:
Round trip transportation from the Senior Scene parking lot to our pavilion destinations.
Admission to multiple pavilions - bypassing line-ups.
Reserved seating with table service.
Progressive Meal & Beverages

Over the past two years our Folklorama VIP Tours have included stops at the following pavilions:
Chinese, Africa/Caribbean & Italian Pavilions, Celtic-Ireland, Solvenija & Cuban Pavilions,
Spirit of the Ukraine, Spain & United Kingdom Pavilions as well as
Indo-China, Romania & Brazil Pavilions.

All were incredible with great costumes,
friendly faces, amazing talents and delicious food.
I can’t wait to see what this year brings.
I am sure it will be AWESOME!!

* Deposits are due now!
Final payments due August 1st, 2018
Rainbow Stage - “Breaking Up is Hard to Do”  
Wednesday, July 18th

**Breaking Up Is Hard To Do, The Musical That Will Have You Singing In Your Seat.**  
Set at a Catskills resort in 1960, this is the sweetly comic story of Lois and Marge, two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. The score showcases 18 Neil Sedaka classics, including “Where the Boys Are”, “Sweet Sixteen”, “Calendar Girl”, “Love Will Keep Us Together”, and of course, the chart-topping title song.

**Tickets:**  
$45.00 Members  
$50.00 Non-members

(Ticket price includes all taxes, fees & round trip transportation from the Senior Scene Club.)  
Please see the sign-up sheet posted on the bulletin board.

Rainbow Stage is Canada's largest and longest-running outdoor theatre, located in Kildonan Park in north Winnipeg, Manitoba. The covered, open-air theatre seats up to 2,600 people and operates from May to September.

**Deadline date to register & pay: Wednesday, July 4th**
This season’s carpet bowling league has come to an end.
   Soon we will begin planning for next season.
If you are interested in joining this group for “Fun Friday”
   afternoon carpet bowling, be sure to watch the bulletin
   board for more information.

This year’s carpet bowlers ended their season with a delicious
   potluck luncheon & trophy ceremony.

First Place:
Team # 1
Sharon
Rubena
Trudy
Lucille
Heather

2nd Place:
Team # 3
Corrie
Betty
Stuart
Rosemarie
Earl

Consolation:
Team # 4
Ralph
Bill
Bernice
Bob
Carol
10% Tuesdays - Tuesday, June 5th

Community Futures Winnipeg River has launched a regional Shop Local Campaign!
The campaign is designed to educate and remind people why supporting local business is so important.

The following are their top ten reasons to shop local:

1. Strengthen your local economy
2. Support community well-being
3. Keep your community unique
4. Create local employment
5. Get personalized service
6. Enhance investment in community
7. Buy what you want easily
8. Support local entrepreneurship
9. Reduce climate change impacts
10. Put your taxes to good use
10% Tuesdays - Tuesday, June 5th

Hillside Beach
Store and Eatery

Deals for Dollars

PINE FALLS TRUE VARIETY STORE
Family owned, we care about the community!

WE CARRY:
- Summer (Beach Gear, Beach Wear, Flip Flops, Sun Screen, BBQ, Pest Control)
- Fishing (Pickerel Rigs, Lures, Line), Camping
- Toys (Summer and Beach toys, Puzzles, Crosswords, Colouring/Activity Books)
- Party Supplies (Cards, Gifts, Bags, Balloon Bouquets, Loot Bags)
- Housewares, Stationary and Hardware
- Seasonal (Halloween, Christmas, Valentines, Easter and Summer)
- Confectionary (Unique selection of Candy, Snack food, Chocolate)
- Electronics (Cables, Headphones, Batteries, Cell Phone Accessories)
- Giftware (Candles, Frames, Decor Items)

18A Pine Street, Pine Falls, MB 1-204-367-2504
### Calendar of Events

To download or view a copy of the monthly calendar, simply click on the corresponding month.

- **January 2018**
- **February 2018**
- **March 2018**
- **April 2018**
- **May 2018**
- **June 2018**

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<th><strong>June 2018</strong></th>
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Hooray for June!

June is usually when our life starts getting crazy busy with a ton of different activities and even chores that we usually enjoy. I get to plant and tend my garden! June is a wonderful month which includes Father’s Day (June 17th) and the First Day of Summer (June 21st). I wish you all a wonderful summer!

Nancy Kelly

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<tr>
<th>Event</th>
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<th>Time</th>
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<tr>
<td>Annual General Meeting (AGM)</td>
<td>June 11/18</td>
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<tr>
<td>The Fashion Show</td>
<td>June 24/18</td>
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The Fashion Show is looking for Volunteers!

If you would like to volunteer...you can put your name on the sign-up sheets that are posted on the EBRC bulletin board or you can contact Nancy at 204-756-6471 or ebresourcec@mymts.net

Founded 35 years ago, the Alzheimer Society of Manitoba exists so that all Manitobans affected by dementia receive the help they need today and have hope for the future.

Dementia doesn’t just affect the lives of individuals. It profoundly impacts families.

Visit their website: [www.alzheimer.mb.ca/](http://www.alzheimer.mb.ca/) to find helpful information and resources for people who have received a diagnosis of dementia, their caregivers, and other family members.

Join the [2018 Investors Group Walk For Alzheimer’s](https://www.alzheimer.mb.ca/) in June!

June 4th – Sunnywood PCH in Pine Falls
June 20th – Red River Place in Selkirk

Come and join our [Ladies Coffee Group](https://www.alzheimer.mb.ca/) at Benjamin’s Bistro!

We meet every second Friday at 9:30am. The coffee dates for June are the 8th & 22nd.

**Adult Day Program** - For seniors, the adult day program offers a social outlet that facilitates community and interaction with others. The environment is safe and supervised and gives seniors a regular social outlet. For caregivers, the program offers a needed respite from care. For more information about this program please contact Sherry Johnson, IERHA – Adult Day Program Coordinator at 204-367-4515.
Hooray! Spring has sprung!! Now it’s time for planting and raking, but you have to take a break now and then, right? So come on down and check out our full 'new book' shelf. Some of our new titles are:

"The Girl Who Takes an Eye for an Eye" by David Lagercrantz  
"Still Me" by Jojo Moyes  
"A Stranger in the House" by Shari Lapena

We look forward to seeing you soon.
Randy and Vicki

In the Community...

**East Beaches Pickleball Club**

Mondays, Wednesdays & Fridays from 9:00am till Noon  
Seasonal fees & drop-in fees  
Played at the Victoria Beach Community Centre

For more information about our pickleball program, please contact Gary Wingate at (204)754-7130 or Al Rear at (204)461-0007.
East Beaches Senior Scene

Active Living for Adults 55+
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Facebook: East Beaches Senior Scene